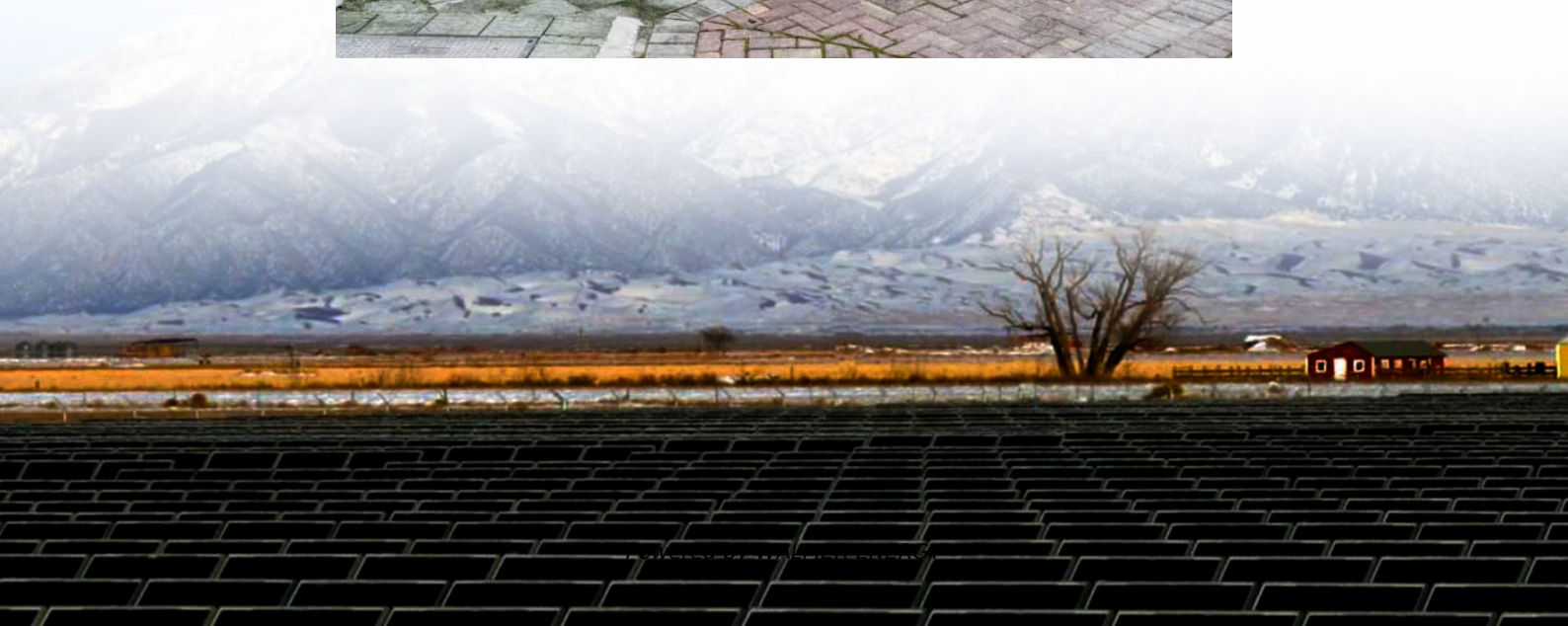


# The most efficient way to store energy at home





## Overview

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How do you store energy?

You can store electricity in electrical batteries, or convert it into heat and stored in a heat battery. You can also store heat in thermal storage, such as a hot water cylinder. Energy storage can be useful if you already generate your own renewable energy, as it lets you use more of your low carbon energy.

How can energy storage be used for long-term energy management?

Finally, we have seasonal storage, which stores energy over weeks or months. Technologies like pumped hydro, compressed air, and hydrogen storage are promising in this area. Although their efficiency may be lower, their massive storage potential makes them valuable for long-term energy management.

Is energy storage a good idea?

You can also store heat in thermal storage, such as a hot water cylinder. Energy storage can be useful if you already generate your own renewable energy, as it lets you use more of your low carbon energy. It reduces wasted energy and is more cost effective than exporting excess electricity. What are the different types of energy storage?

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Why is electricity storage important?

With increasing power outages, rising energy costs, and a growing push toward renewable energy, storing electricity efficiently helps you maintain control, reduce your environmental footprint, and enjoy reliable power. Here's a simple infographic summarizing how electricity storage technologies work and their critical role in our energy system:



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